## Kenowa Hills Elementary Breakfast & Lunch Menu October 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
nis in	Is institution is an equal opportunity provide  Breakfast & Lunch Free to all students!  Uncrustable box offered at Alpine & Central for lunch.  1% White & Chocolate milk offered daily.  KH is a proud participant in the 10 cents a meal program.		French Toast Sticks & Pork Sausage Chicken Corndog Hashbrown Starz Pepper Strips Carrots Sunrise Fruit Strawberries	2 Turkey-Ham Croissant Sandwich Apples  Beef & Cheese Taco Chicken Tender Basket Roasted Corn Shredded Romaine Lettuce Broccoli Melon Frozen Fruit Cup Variety	3 Pop-Tart Variety Bananas French Bread Pizza Cheeseburger Side Caesar Salad Cucumbers Cinnamon Applesauce Grapes
6	Donut Variety Orange Slices  Pork Rib Patty Sandwich Crispy Chicken Sandwich French Fries Celery Potato Salad Mango Fresh Pear	7 Smoothie Variety Giant Goldfish Cracker Mixed Fruit Cup Chicken Nuggets Dinner Roll Bosco Sticks Marinara Cup Mashed Potatoes Side Salad Cucumbers Rosy Applesauce Grapes	8 Filled Crescent Roll Grapes  Penne Chicken Alfredo Garlic Bread Chicken Corndog Steamed Broccoli Carrots Pepper Strips Chilled Pineapple Apples	9 Bagel Variety Cream Cheese Apple Sauce Cup Walking Taco with Doritos Salsa Cup Chicken Tender Basket Cheesy Refried Beans Shredded Romaine Lettuce Grape Tomatoes Melon Bananas	Fall Break - No School
13	Fall Break -	No School	15 Stuffed Waffle Apple Slices  Waffle & Cheese Omelet Chicken Corndog Emoji Fries Grape Tomatoes Carrots Sunrise Fruit Strawberries	16 Breakfast Yogurt Variety Granola Bananas  Beef Burrito Chicken Tender Basket Seasoned Pinto Beans Shredded Romaine Lettuce Celery Cinnamon Applesauce Grapes	17 Pop-Tart Variety Mixed Fruit Cup  Personal Cheese Pizza Personal Pepperoni Pizza Cheeseburger Corn Carrots Broccoli Apple Slices Frozen Fruit Cup Variety
20	Donut Variety Mixed Fruit Cup  Pasta with Meat Sauce Garlic Bread Crispy Chicken Sandwich Broccoli Side Caesar Salad Snap Peas Chilled Pineapple Diced Peaches	21 Mini Pancake Variety Apple Slices  Walking Taco with Doritos Bosco Sticks Marinara Cup Fiesta Beans Cauliflower Shredded Romaine Lettuce Chilled Pears Frozen Fruit Cup Variety	22 Breakfast Bread Variety Orange Slices  Sweet and Sour Chicken Fried Rice Chicken Corndog Far East Vegetable Blend Carrots Celery Rosy Applesauce Grapes	23 Frudel Variety Diced Pears  Teriyaki Beef Dipper Biscuit Chicken Tenders Mashed Potatoes Cucumbers Side Salad Orange Slices Bananas	24 Smoothie Variety Giant Goldfish Cracker Grapes Cheese Pizza Pepperoni Pizza Cheeseburger French Fries Pepper Strips Carrots Melon Apples
27	Cinnamon Bun Diced Pears  Beef Hot Dog Crispy Chicken Sandwich Baked Beans Side Salad Cole Slaw Chilled Peaches Orange Slices	28 Cinnamon Toast Crunch Bar Apple Sauce Cup  Popcorn Chicken Dinner Roll Bosco Sticks Marinara Cup Mashed Potatoes Celery Grape Tomatoes Mixed Fruit Michigan Fruit Mix	29 Breakfast Yogurt Variety Granola Peach Fruit Cup  French Toast Sticks & Pork Sausage Chicken Corndog Hashbrown Starz Pepper Strips Carrots Surrise Fruit Strawberries	30 Turkey-Ham Croissant Sandwich Apples  Beef & Cheese Taco Chicken Tender Basket Roasted Corn Shredded Romaine Lettuce Broccoli Melon Frozen Fruit Cup Variety	31 Pop-Tart Variety Bananas Bat Shaped Nuggets Cheeseburger Side Caesar Salad Cucumbers Grapes Holiday Sidekick