

Kenowa Hills Middle School Homestyle Menu

October 2025

Monday		Tuesday	Wednesday	Thursday	Friday
This institution is an equal opportunity provider.			1 Build your own Italian Entree Marinara Meatballs Chicken Alfredo Garlic Bread Steamed Broccoli	2 Popcorn Chicken Bowl Mashed Potatoes Gravy Roasted Corn Shredded Cheese	3 Lo Mein: Beef or Chicken Vegetable Egg Roll
Breakfast & Lunch Free to all students!					
1% White & Chocolate milk offered daily.					
6 Build your own Rice Bowl Taco Beef Fajita Chicken Cilantro Lime Rice Cajun Pinto Beans Sour cream Pico De Gallo Guacamole Shredded Cheese	7 Chicken Wings Onion Rings French Fries Sauce Variety	8 Build your own Asian Entree General Tso Sauce Orange Ginger Sauce Fried Rice Fortune Cookie Vegetable Egg Roll	9 Pulled Pork or Beef Brisket Corn Bread Bites Baked Beans Cole Slaw BBQ Sauce (Variety)	10	
13	14	15 Build your own Italian Entree Marinara Meatballs Chicken Alfredo Steamed Broccoli	16 Tater Tot Bowl Shredded Pork Queso Cheese Pico De Gallo BBQ Sauce (Variety)	17 Crispy Chicken Sandwich Waffle Fries Nashville Sauce Chix Sauce	
20 Chicken Drumstick Dinner Roll Mashed Potatoes Gravy	21 Beef and Cheese Nachos Seasoned Pinto Beans Shredded Romaine Lettuce Pico Salsa Sour cream Guacamole	22 Build your own Asian Entree General Tso Sauce Orange Ginger Sauce Far East Vegetable Blend Fried Rice Fortune Cookie	23 Build your own Burger Bar French Fries Shredded Romaine Lettuce Grape Tomatoes Red Onions Pickles	24 Sack Lunch	
27 Build your own Mac & Cheese Popcorn Chicken Chili with Beans Steamed Broccoli	28 French Toast & Pork Sausage Links Hashbrown Starz	29 Build your own Italian Entree Marinara Meatballs Chicken Alfredo Garlic Bread Steamed Broccoli	30 Popcorn Chicken Bowl Mashed Potatoes Gravy Roasted Corn Shredded Cheese	31 Lo Mein: Beef or Chicken Vegetable Egg Roll	

Menu subject to change.

