

# Kenowa Hills Middle School Breakfast Menu

## November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 <b>Smoothie Variety</b> Giant Goldfish Cracker  <b>Breakfast Bread Variety</b> Cereal Variety Pop-Tart Variety Fruit Variety	4 <b>Stuffed Hashbrown</b>  Second Chance: <b>Benefit Bar Variety</b>  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	5 <b>Cinnamon Roll</b>  Second Chance: <b>Cinnamon Bun</b>  <b>Cereal Variety</b> Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	6 <b>Waffles &amp; Bacon</b>  Second Chance: <b>Donut Variety</b>  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	7 <b>Sausage &amp; Cheese English Muffin Sandwich</b>  Second Chance: <b>Breakfast Yogurt Variety</b> Granola  <b>Cereal Variety</b> Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety
10 <b>Pancake Wrapped Sausage</b>  Second Chance: <b>Cinnamon Bun</b>  <b>Cereal Variety</b> Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	11 <b>Mini Bagel Variety</b>  Second Chance: <b>Bagel</b> Cream Cheese  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	12 <b>Chicken Biscuit Breakfast Sandwich</b>  Second Chance: <b>Mini Waffle Variety</b> Mini Pancake Variety  <b>Cereal Variety</b> Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	13 <b>Breakfast Burrito</b>  Second Chance: <b>Frudel Variety</b>  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	14 <b>Fancy Donut</b>  Second Chance: <b>Donut Variety</b>  <b>Cereal Variety</b> Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety
17 <b>French Toast &amp; Pork Sausage Links</b>  Second Chance: <b>Cinnamon Toast Crunch Bar</b>  <b>Cereal Variety</b> Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	18 <b>Smoothie Variety</b> Giant Goldfish Cracker  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	19 <b>Cinnamon Roll</b>  Second Chance: <b>Cinnamon Bun</b>  <b>Cereal Variety</b> Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	20 <b>Waffle &amp; Cheese Omelet</b>  Second Chance: <b>Benefit Bar Variety</b>  <b>Uncrustable Variety</b> Cereal Variety Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety	21 <b>Egg, Bacon &amp; Cheese on a Croissant</b>  Second Chance: <b>Mini Pancake Variety</b>  <b>Cereal Variety</b> Pop-Tart Variety <b>Breakfast Bread Variety</b> Fruit Variety
24	25	26	27	28
Breakfast & Lunch Free to all students.  1% White & Chocolate milk offered daily.				
This institution is an equal opportunity provider.				

Menu subject to change.