

Kenowa Hills High School Homestyle Menu

October 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
<p>This institution is an equal opportunity provider.</p> <p>Breakfast & Lunch Free to all students!</p> <p>1% White & Chocolate milk offered daily.</p>				<p>1 Build your own Italian Entree Penne Pasta Marinara Meatballs Chicken Alfredo</p> <p>Garlic Texas Toast Broccoli</p>		<p>2 Popcorn Chicken Bowl Mashed Potatoes Popcorn Chicken Gravy Corn</p>		<p>3 Build your own Breakfast Sandwich English Muffin Croissant</p> <p>Egg patty Sausage Patty Bacon American Cheese</p> <p>Hashbrown Starz</p>	
<p>6 Chicken Wings Onion Rings Dinner Roll French Fries Sauce Variety</p>		<p>7 Curry or Tikka Masala Chicken Naan Bread Greek Cucumber Salad</p>		<p>8 Build your own Asian Entree General Tso Sauce Orange Ginger Sauce</p> <p>Fried Rice Far East Vegetable Blend Fortune Cookie Vegetable Egg Roll</p>		<p>9 Pulled Pork or Beef Brisket Corn Bread Bites Baked Beans Cole Slaw BBQ Sauce</p>		<p>10 Build your own Mac & Cheese Popcorn Chicken Chili with Beans</p> <p>Broccoli Peppers and Onions Sauce Variety</p>	
<p>13 Shawarma Chicken Turmeric Rice Pita Bread</p> <p>Cucumbers Tomatoes Garlic Sauce Onions Pickles</p>		<p>14 Chicken Drumstick Dinner Roll Mashed Potatoes Gravy</p>		<p>15 Homemade Beef & Pork Lasagna Homemade Cheese Lasagna Garlic Texas Toast Capri Veg Blend</p>		<p>16 Tater Tot Bowl Shredded Pork Queso Cheese</p> <p>Peppers and Onions Pico De Gallo BBQ Sauce (Variety)</p>		<p>17 Crispy Chicken Sandwich Nashville Sauce Chix Sauce Waffle Fries</p>	
<p>20 Build your own Mac & Cheese Popcorn Chicken Chili with Beans</p> <p>Broccoli Peppers and Onions Sauce Variety</p>		<p>21 Openfaced Turkey Sandwich Mashed Potatoes Turkey Gravy Green Beans</p>		<p>22 Build your own Asian Entree General Tso Sauce Orange Ginger Sauce</p> <p>Fried Rice Vegetable Egg Roll Far East Vegetable Blend Fortune Cookie</p>		<p>23 Build your own Burger Bar Onion Rings Bacon Sandwich Fixings</p> <p>French Fries</p>		<p>24 Sack Lunch</p>	
<p>27 Lo Mein: Beef or Chicken Fortune Cookie Vegetable Egg Roll</p>		<p>28 Philly Cheesesteak Sandwich Seashore Style French Fries</p>		<p>29 Build your own Italian Entree Penne Pasta Chicken Alfredo Marinara Meatballs</p> <p>Garlic Texas Toast Broccoli</p>		<p>30 Popcorn Chicken Bowl Mashed Potatoes Popcorn Chicken Gravy Corn</p>		<p>31 Build your own Breakfast Sandwich Croissant English Muffin</p> <p>Egg patty Sausage Patty Bacon American Cheese</p> <p>Hashbrown Starz</p>	

Menu subject to change.