



# DECEMBER | 2018

## Alpine Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> CINNAMON RAISIN BAGEL WIITH BUTTER OR CREAM CHEESE	<b>4</b> RICE CRISPY APPLE CINNAMON BAR	<b>5</b> CHEDDER CHEESE CUBES WITH CRACKERS	<b>6</b> POWDERED SUGAR STAR	<b>7</b> GRIPZ W/ YOGURT
<b>10</b> STRAWBERRY POP TART	<b>11</b> UBR BREAKFAST ROUND	<b>12</b> OATMEAL CHOCOLATE CHIP BREAKFAST BAR	<b>13</b> TRIPLE BERRY CRUNCH BAR	<b>14</b> YOGURT WITH GRAHAM CRACKERS
<b>17</b> CHEDDER CHEESE CUBES WITH CRACKERS	<b>18</b> NUTRI GRAIN STRAWBERRY BAR	<b>19</b> RICE CRISPY APPLE CINNAMON BAR	<b>20</b> POWDERED SUGAR STAR	<b>21</b> GRIPZ W/ YOGURT
<b>24</b> WINTER HOLIDAY BREAK	<b>25</b> WINTER HOLIDAY BREAK	<b>26</b> WINTER HOLIDAY BREAK	<b>27</b> WINTER HOLIDAY BREAK	<b>28</b> WINTER HOLIDAY BREAK
<b>31</b> WINTER HOLIDAY BREAK				

### **News**

Students at Alpine start each day with breakfast  
In the classroom!

Breakfast is served at NO COST to all students at Alpine.

All meals include a fruit juice, fruit or vegetable serving and low fat MILK

### **Menu Subject To Change**

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**As we reflect as the year ends, we are thankful for our students and parents.**