



JANUARY | 2019

ALPINE BREAKFAST IN THE CLASSROOM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 NO SCHOOL WINTER HOLIDAY BREAK	1 NO SCHOOL WINTER HOLIDAY BREAK	2 NO SCHOOL WINTER HOLIDAY BREAK	3 NO SCHOOL WINTER HOLIDAY BREAK	4 NO SCHOOL WINTER HOLIDAY BREAK
7 BANANA BREAD SLICE	8 OATMEAL STRAWBERRY BAR	9 CHEDDER CHEESE CUBES WITH CRACKERS	10 TRIPLE BERRY CRUNCH BAR	11 GRIPZ W/ YOGURT
14 STRAWBERRY POP TART	15 UBR BREAKFAST ROUND	16 OATMEAL CHOCOLATE CHIP BREAKFAST BAR	17 CINNAMON SWIRLS	18 YOGURT WITH FRENCH TOAST GOLDISH GRAHAMS
21 BANANA BREAD SLICE	22 OATMEAL STRAWBERRY BAR	23 CHEDDER CHEESE CUBES WITH CRACKERS	24 TRIPLE BERRY CRUNCH BAR	25 GRIPZ W/ YOGURT
28 STRAWBERRY POP TART	29 UBR BREAKFAST ROUND	30 OATMEAL CHOCOLATE CHIP BREAKFAST BAR	31 CINNAMON SWIRLS	1 YOGURT WITH FRENCH TOAST GOLDISH GRAHAMS

News
Students at Alpine start each day with breakfast in the classroom!

Breakfast is served at NO COST to all students at Alpine.

All meals include a fruit juice, fruit or vegetable serving and low fat MILK

Menu Subject To Change